



Love this dogshome

Dogs' Homes of Tasmania

Operated by the Tasmanian Canine Defence League.
Locations at Hobart, Devonport, & Burnie.

Post Office Box 7
Lindisfarne TAS 7015

www.dogshomesoftas.com.au

Canine Connections

Tellington Touch – Massage for Dogs



Many pet owners are keen to strengthen the bond between them and their animal companion and a technique called Tellington Touch or T-Touch may help achieve this.

T-Touch is a technique for reducing tension and changing behaviour primarily in dogs but also in cats and horses. It is based on the theory that touching a dog not only helps us by reducing tension and lowering our own blood pressure but it also helps the dog.

The techniques are similar to a set of body awareness exercises developed for humans. T-Touch is believed to modify negative behaviour in animals, increase trust and reduce aggressiveness as well as assist healing in illnesses such as arthritis, skin problems and hip dysplasia.

The principle is that the touch exercises interrupt unacceptable behaviour patterns and allow acceptable patterns to develop.

Circular motions are used to calm the dog and redirect its attention. It is done by placing the fingertips on the body and tracing a clock-face circle from six o'clock around the dial past the starting point to eight o'clock. Circles are done all over the dog's body providing the dog is comfortable and relaxed about being handled.

Although still a relatively new and non-traditional approach, some vets and animal behaviourists are interested in T-Touch as an additional treatment for certain medical or behavioural problems.

For more information on the T-Touch technique go to www.naturalanimals.com.au and click on the Articles link.

Burnie Dogs' Home

**170 Stowport Rd.,
Burnie TAS 7320**

Ph: (03) 6431 6199

Devonport Dogs' Home

**Spreyton Park Racecourse
Devonport TAS 7310**

Ph: (03) 6427 2178

Hobart Dogs' Home

**101 Scotts Rd.,
Risdon Vale TAS 7016**

Ph: (03) 6243 5177

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